| **Methodology**

Upply Freight Index
Road France

1. What is the Upply Freight Index?

The UFI (Upply Freight Index) Road France is an index dedicated to FTL (Full Truck Load) freight transport for the French domestic market.

The UFI represents the average monthly price in €/km of road transport in France, including diesel, with a history from 1 January 2019. The average price is calculated monthly but the underlying data is updated on daily basis.

The UFI is based on the Spot and contract markets.

The UFI is the most reliable and representative benchmark for transport prices in the French market.

2. What is the UFI spot?

The Spot UFI is an isolated representation of the Spot market through the dedicated index expressed in base 100.

3. What data is the UFI based on?

The UFI is based on the Upply database. Currently we have over one million prices from invoiced transactions in the French market. This data is collected automatically on a daily basis from specialised partners as well as from our users.

4. Composition of the UFI :

Truck capacity
The UFI represents full truck loads (FTL).

Type of goods
UFI reflects prices for General Cargo.

Distance
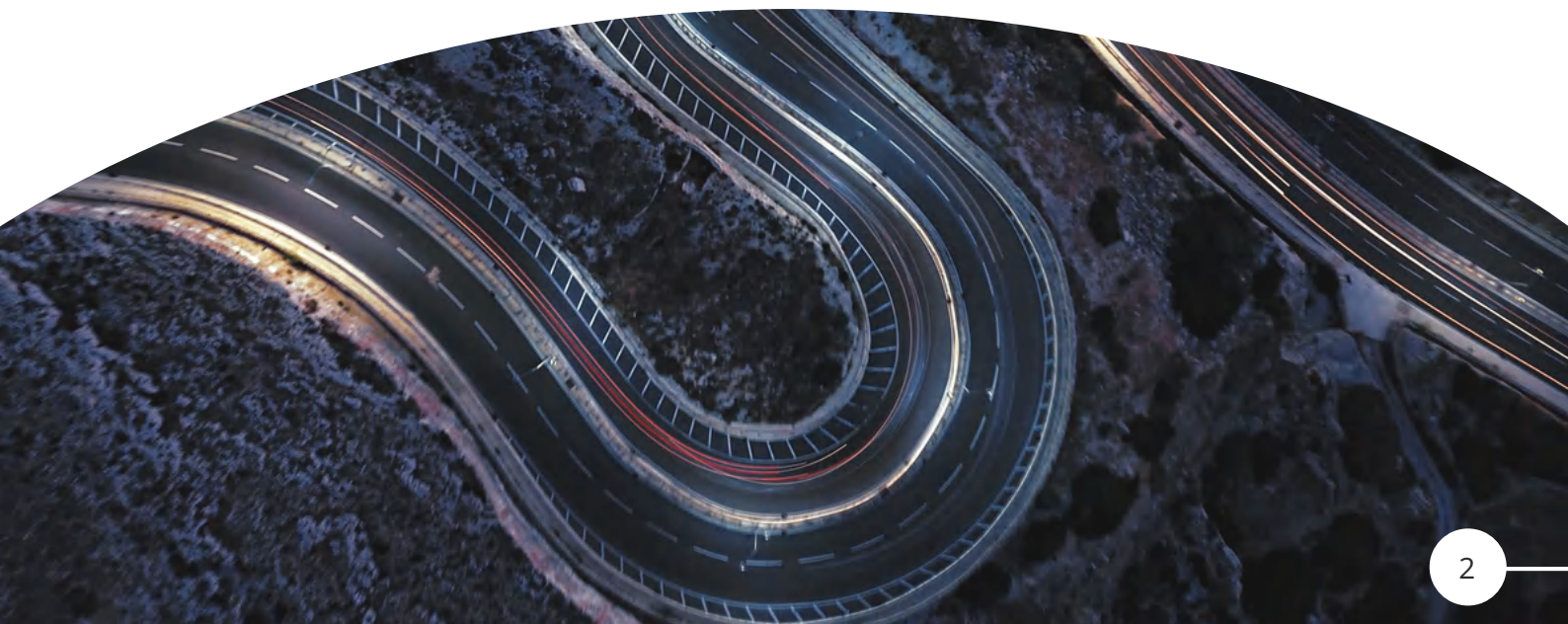We select journeys with a distance greater than 50 km.

The distribution of our intra France FTL data:
50 km - 150 km: 20%
150 km - 400 km: 43%
> 400 km: 37%

Geographic
The UFI is a composite index aggregating both intra-regional (22%) and inter-regional (78%) trips.

We detail the composition below:

Origin	Destination
Auvergne-Rhônes-Alpes	Auvergne-Rhônes-Alpes
Auvergne-Rhônes-Alpes	Nouvelle-Aquitaine
Auvergne-Rhônes-Alpes	Occitanie
Auvergne-Rhônes-Alpes	Provence-Alpes-Côte d'Azur
Bourgogne-Franche Comté	Auvergne-Rhônes-Alpes
Bourgogne-Franche Comté	Ile-de-France
Grand Est	Auvergne-Rhônes-Alpes
Grand Est	Bourgogne-Franche Comté
Grand Est	Grand Est
Grand Est	Hauts-de-France
Grand Est	Ile-de-France
Hauts-de-France	Grand Est
Hauts-de-France	Hauts-de-France
Hauts-de-France	Ile-de-France
Ile-de-France	Auvergne-Rhônes-Alpes
Ile-de-France	Centre-Val de Loire
Ile-de-France	Grand Est
Ile-de-France	Hauts-de-France
Ile-de-France	Ile-de-France
Ile-de-France	Normandie
Ile-de-France	Nouvelle-Aquitaine
Ile-de-France	Pays de la Loire
Normandie	Hauts-de-France
Normandie	Ile-de-France
Occitanie	Auvergne-Rhônes-Alpes
Occitanie	Nouvelle-Aquitaine
Pays de la Loire	Nouvelle-Aquitaine
Provence-Alpes-Côte d'Azur	Auvergne-Rhônes-Alpes
Provence-Alpes-Côte d'Azur	Occitanie
Provence-Alpes-Côte d'Azur	Provence-Alpes-Côte d'Azur